

# Public Newsletters

## Subpages

On [Newsletter - intern](#) you can find

- all internal newsletters
- more details on how to create a newsletter

[Register for a Newsletter...](#)

## Newsletter subscription and unsubscription via email

In case of issues with the above form you can also subscribe or unsubscribe as follows:

### Instructions

1. send an (empty) email to the subscription / unsubscription address of the desired newsletter
2. reply to the mail you will get in response from the server in order to confirm your email address and your subscription/unsubscription

When successfully subscribed/unsubscribed, you will receive a welcome/farewell message

If you don't receive this email, please check your spam folder

Newsletter	Language	Subscription address	Unsubscription address
<a href="#">Aktuell (+ Blicke)</a>	German	<a href="mailto:newsletter-de+subscribe@list.ecogood.org">newsletter-de+subscribe@list.ecogood.org</a>	<a href="mailto:newsletter-de+unsubscribe@list.ecogood.org">newsletter-de+unsubscribe@list.ecogood.org</a>
<a href="#">Neues für Österreich</a>	German	<a href="mailto:austria+subscribe@list.ecogood.org">austria+subscribe@list.ecogood.org</a>	<a href="mailto:austria+unsubscribe@list.ecogood.org">austria+unsubscribe@list.ecogood.org</a>
<a href="#">International</a>	English	<a href="mailto:newsletter-en+subscribe@list.ecogood.org">newsletter-en+subscribe@list.ecogood.org</a>	<a href="mailto:newsletter-en+unsubscribe@list.ecogood.org">newsletter-en+unsubscribe@list.ecogood.org</a>